



OUR COMMUNITY. OUR MOUNTAINS. OUR FUTURE.

EpicPromise partners with more than 250 nonprofits each year with more than \$7M in financial support and 20,000 hours of volunteer time. Below is a list of South Lake Tahoe area nonprofit organizations currently looking for volunteers.

Please contact [epicpromise@vailresorts.com](mailto:epicpromise@vailresorts.com) or 303.404.1106 with questions or concerns.

### *Volunteer Opportunity of the Month:*

**COMMUNITY FOOD SHARE** is in need of group volunteers. This is a great opportunity to get friends and family involved in a volunteer day. Community Food Share supplies food to local nonprofit organizations, that in turn distribute the food to their clients, free of charge. To find out more information and to sign-up to volunteer, contact **NINA STUBBLEBINE** or call her at: 303-652-3663 ext. 202.



Adaptive Adventures embraces the philosophy that ongoing participation in sports and attention to fitness and nutrition promotes a healthy lifestyle that improves the overall physical and psychological well-being of each individual. Programs are not just about learning and excelling in outdoor sports; programs provide improved quality of life through the social, emotional, and cognitive effects of engaging veterans in an active lifestyle. Click [here](#) for more information.

The Adaptive Sports Association's winter program has been providing adaptive skiing, snowboarding and a variety of "sit-ski" instruction to people with disabilities for over 30 years. Lessons are typically one-on-one and are offered to people with every type of disability. Our instructors work closely with our students to determine the most appropriate method of cruising the slopes. Adaptation and improvisation are what make our winter program so successful. Visit [their website](#) to get involved.



The mission of Advocates for Children is to speak up for abused and neglected children through Court Appointed Special Advocate (CASA) volunteers. Our vision is that all children dream, thrive and grow with a sense of belonging and empowerment to build a successful future. Find out more by visiting their [website](#).

A Precious Child, Inc. is a nonprofit organization devoted to making a positive impact in the lives of disadvantaged and displaced children and their families in Colorado by improving their quality of life. A Precious Child focuses on meeting a child's most basic needs such as clothing, shoes, coats, school supplies, baby formula and diapers. Click [here](#) for more information.



Attention Homes provides opportunities for at-risk youth to change their lives. We offer shelter, community-based living and teaching of life skills necessary for an independent future. Click [here](#) for more information.

Boulder Food Rescue is a non-profit organization whose goal is to create a more just and less wasteful food system. We facilitate the sustainable redistribution of food “waste” to agencies that feed hungry, homeless, and low-income populations while educating communities about food justice. Visit [www.boulderfoodrescue.org](http://www.boulderfoodrescue.org).



The mission of the Boulder Shelter for the Homeless is to provide safe shelter, food, support services, and an avenue to self-sufficiency for homeless adults in our community. Click [here](#) to get involved.

Community Cycles is a non-profit organization of bicycle enthusiasts whose mission is to educate and advocate for the safe use of bicycles as an affordable, viable and sustainable means of transportation and personal enjoyment within our community. Click [here](#) for more information.



Community Food Share's mission is to be a leader in our community's effort to end hunger in Boulder and Broomfield Counties, with the goal of eliminating hunger and food insecurity for all community residents. All food is distributed free of charge. Visit their [website](#) for more information.

The Kitchen Community impacts over 100,000 children a day with nearly 200 Learning Gardens in schools and community organizations across the country. These Learning Gardens serve as outdoor classrooms and experiential play-spaces that connect kids to real food and empower them to make healthier food choices. They are designed to be a place where students want to learn and teachers want to teach. Visit [the-kitchencommunity.org](http://the-kitchencommunity.org) for more information.



The Nature Conservancy in Colorado focuses on land conservation, securing water for nature and people and restoring our forests to a healthier state to help prevent catastrophic wildfires. For 60 years, they have been protecting natural places for future generations. Click [here](#) to find out more information.

The mission of cityWILD is to provide low income, culturally diverse youth with outdoor and environmental service learning opportunities that promote developmental themes of personal empowerment, leadership and community participation as well as to motivate participants to reach their potential at home, in school and within their community. Click [here](#) to get involved.



The GrowHaus is a nonprofit indoor farm, marketplace and educational center in Denver's Elyria-Swansea neighborhood. Our vision is a world where all communities have the means to nourish themselves, and our mission is to create a community- driven, neighborhood-based food system by serving as a hub for food distribution, education, and production. Visit their [website](#) to find out how to get involved today.



Wish for Wheels' mission is to transform the lives of kids from low-income families by broadening their scope for personal growth and a healthy lifestyle through the gift of a new bicycle. Wish for Wheels is determined to make a difference by providing new bikes and helmets to elementary school kids in the Denver metro area. Click [here](#) to find out how you can make a difference.

Big City Mountaineers transforms the lives of under-resourced urban youth through wilderness mentoring expeditions that instill critical life skills. Teams of talented community volunteers with passion for the outdoors accompany each expedition, creating a 1:1 mentor to student ratio. After BCM expeditions, as kids return to their communities, youth agency leaders support continuing education and life skills development. Click [here](#) for more information.



Food Bank of the Rockies (FBR) is the largest private hunger-relief organization in the state of Colorado. FBR needs volunteers all year long to help us with various food sorting and distribution tasks. Click [here](#) to take action today .

The vision of Judi's House is a community in which no child has to feel alone in grief. Our mission is to help children and families who are grieving the death of a loved one find hope and healing within themselves. Click [here](#) to find out how you can help.



The mission of Mile High Youth Corps is to help youth make a difference in themselves and their community through meaningful service opportunities and educational experiences. Visit their [website](#) to get more information to make a difference today.

Boys & Girls Clubs provide young people with opportunities to engage in programs that help them achieve academic success, take charge of their health by building healthy habits that will stick with them throughout their lives, and foster the skills they need to become leaders in their communities. Click [here](#) for more .

