



OUR COMMUNITY. OUR MOUNTAINS. OUR FUTURE.

### Front Range Volunteer Opportunities

When your volunteer project is complete, please fill out this survey:

<https://epicpromise.typeform.com/to/Mb9Na3>

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#### A Precious Child - Broomfield

**Mission:** To provide children in need with opportunities and resources to empower them to achieve their full potential.

**Group Size:** Up to 50

**Time Commitment:** 3 hours (flexible)

**Volunteer Duties:** Help sort, hang, and prepare clothing and items.

**Contact:** Nichole Karpinsky / [Nichole@apreciouschild.org](mailto:Nichole@apreciouschild.org) / (303) 466-4272 x103

<https://apreciouschild.org/take-action/volunteer/>

BOULDER



#### Boulder Food Rescue – Boulder

**Mission:** To create a more just and less wasteful food system.

**Group Size:** 1-2

**Time Commitment:** Reoccurring

**Volunteer Duties / Contact:**

- Bike deliveries / [info@boulderfoodrescue.org](mailto:info@boulderfoodrescue.org)
- Skills & contributions / [info@boulderfoodrescue.org](mailto:info@boulderfoodrescue.org) (grant writing, graphic design, fundraising, event planning, writing, etc.)
- Food sorters / [kate@boulderfoodrescue.org](mailto:kate@boulderfoodrescue.org)
- Lunch bunch cooking and planning / [lindsey@boulderfoodrescue.org](mailto:lindsey@boulderfoodrescue.org)
- Food Justice Blog writing or involvement / [hana@boulderfoodrescue.org](mailto:hana@boulderfoodrescue.org)
- Bike maintenance team / [benko@boulderfoodrescue.org](mailto:benko@boulderfoodrescue.org)

**Orientations:** Every other Tuesday at 6pm and Wednesdays at noon

<https://www.boulderfoodrescue.org/volunteer/>



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### Community Cycles - Boulder

**Mission:** To promote, educate, and advocate for the safe use of bicycles for transportation

**Group Size:** Sign up as individuals, for larger groups please contact Sue, below.

**Volunteer Duties:** Mechanic work, event support or office help

**Contact:** [sue@communitycycles.org](mailto:sue@communitycycles.org) (720) 565-6019

<https://communitycycles.org/volunteer/>



### Community Food Share – Louisville

**Mission:** To eliminate hunger in Boulder and Broomfield Counties through engagement, collaboration and leadership.

**Group Size:** 2-30 people

**Time Commitment:** 2-3 hours

**Volunteer Duties:** Sorting food, restocking shelves, repacking foods, cleaning facility

**Contact:** [nstubblebine@communityfoodshare.org](mailto:nstubblebine@communityfoodshare.org) / (303) 652-3663 x 202

<https://communityfoodshare.org/volunteer/groups/>



### Denver Parks and Recreation – Denver

**Mission:** To offer volunteer projects throughout the year, giving groups, individuals and businesses the opportunity to help keep their park and community beautiful.

**Group Size:** 5-600 people

**Time Commitment:** 3 hours

**Volunteer Duties:** Park clean up, gardening, event support, prepare healthy meals for youth, trail maintenance

**Contact:** Tina Meyers / [tina.myers@denvergov.org](mailto:tina.myers@denvergov.org) / (720) 865-2434

<http://www.denvergov.org/content/denvergov/en/denver-parks-and-recreation/volunteer.html>



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### Denver Rescue Mission – Denver

**Mission:** To see these lives transformed through personal accountability, education, spiritual development, and community relationships.

**Group Size:** 1-10 people

**Time Commitment:** 2 hours

**Volunteer Duties:** Serve a meal

**Sign-up:** <https://serve.drmmvolunteers.org/custom/501/index.php> (sign-up)



### Food Bank of the Rockies - Denver

**Mission:** To eliminate hunger in Boulder and Broomfield Counties through engagement, collaboration and leadership.

**Group Size:** 2-100 people

**Time Commitment:** 2-3 hours

**Volunteer Duties:** Distribution, reclamation, community kitchen prep, produce sorting, after school snack building, box packing, office work

**Sign-up:** <https://www.foodbankrockies.org/volunteer/> (sign-up)



### Friends of Red Rocks - Denver

**Mission:** To keep Red Rocks Park beautiful and pristine.

**Group Size:** No cap

**Time Commitment:** Last Saturday of each month at 9:30am-12:00pm

**Volunteer Duties:** Monthly park clean ups

**Sign-up:** <https://www.volgistics.com/ex/portal.dll/ap?ap=1966954824>

<https://www.foodbankrockies.org/volunteer/>



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### **GrowHaus – Denver**

**Mission:** To catalyze a neighborhood-based food system in our community that is healthy, equitable, and resident-driven.

**Group Size:** 5+ people

**Time Commitment:** 2-4 hours

**Volunteer Duties:** Sorting food, restocking shelves, repacking foods, cleaning facility

**Contact:** Christin / [volunteer@thegrowhaus.org](mailto:volunteer@thegrowhaus.org)

<https://www.thegrowhaus.org/volunteer/>



### **Habitat for Humanity ReStore - Lafayette**

**Mission:** To build strength, stability and self-reliance AND shelter.

**Group Size:** 4-6 people

**Time Commitment:** 4 hours

**Volunteer Duties:** Merchandising, stocking books, organizing clothing, receiving donations, pricing housewares, furniture repair, appliance testing, donation procurement

**Contact:** Luke Holwald / [lholwald@flatironshabitat.org](mailto:lholwald@flatironshabitat.org) / (303) 404-2008

<http://www.flatironshabitat.org/volunteer>



### **Urban Peak - Denver**

**Mission:** To meet youth where they are and to provide them with the assistance and support they need to become self-sufficient or obtain the necessary services they need to exit a life on the streets.

**Group Size:** 2-20

**Time Commitment:** 2 hours

**Volunteer Duties:** Cook and serve meals

**Contact:** Groups 7+ email [jessy.bergeman@urbanpeak.org](mailto:jessy.bergeman@urbanpeak.org)

<http://www.urbanpeak.org/denver/volunteer/volunteer-opportunities/meal-service-groups/>  
(sign-up)



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### **Volunteers for Outdoor Colorado - Statewide**

**Mission:** To motivate and enable people to become active stewards of Colorado's natural resources.

**Group Size:** Varies

**Time Commitment:** 4 hours

**Volunteer Duties:** Trail building, fire restoration, ecological restoration, historical preservation, gardening, youth environmental education

**Contact:** <http://www.voc.org/volunteer> (sign-up)



**WISH FOR WHEELS**  
giving dreams a new set of wheels

### **Wish for Wheels - Denver**

**Mission:** To transform the lives of kids from low-income families, broadening their scope for personal growth and a healthy lifestyle through the gift of a new bicycle.

**Group Size:** Typically 1-2, occasionally 3-8

**Time Commitment:** 4 hours

**Volunteer Duties:** Building and delivering bikes to kids or overseeing events with a donor company

**Contact:** [chris@wishforwheels.org](mailto:chris@wishforwheels.org) / (720) 273-6875

<http://wishforwheels.org/get-involved/volunteer-2/>